



VMA MULTI CHAMPIONSHIPS 2012

The VMA Multi Championships will be held at Duncan Mackinnon Athletic Track on the following dates in 2012. Registered AV athletes over 30 are welcome to compete as well as any registered interstate or overseas Masters athlete and will be awarded any appropriate place medal but will not displace a VMA member from a place.

All VMA entrants must be registered for 2012 and wear their State uniform.

T & F Pentathlon: Sunday 4th March. 11.30 am check-in; 12 noon start

Throws Pentathlon: Sunday 18th March. 10.00 am start for first group.
Check with Graeme Rose. Ph. 9836 2350

Closing dates: T & F Pentathlon: Friday 16th February
Throws Pent: Friday 2nd March

Cost per Multi event: \$10
Late entry up to one week before: \$20 for either multi event. **No entries on the Day**

Events: Pentathlon: Women: 100m, shot, LJ, javelin, 800m
Men: LJ, javelin, 200m, discus, 1500m
Throws Pentathlon: All: Hammer, Shot, Discus, Javelin, Weight

2011 MULTI ENTRY FORM

SURNAME: _____ **CALL NAME:** _____

SEX: M / F **DATE OF BIRTH:** _____ **AGE on Day:** _____

PHONE: _____ **E-MAIL:** _____

EVENT	ENTRY FEES
Throws Pent @ \$10	_____
T & F Pent @ \$10	_____
Late fee \$10 per event	_____
Total Enclosed:	_____

Method of Payment

- Please make cheques or Money Order payable to Victorian Masters Athletic Club Inc.
- Credit Card payment (see below).

Credit Card Payment * Mastercard Visa * A \$1 transaction fee applies

Card Number: _____ Expiry Date: _____

Name on Card: _____ Signature: _____

Send Entry to: VMA Multi Championships 2010, PO Box 277, Surrey Hills, 3127
(To arrive no later than closing date for the appropriate Multi-event.)

Volunteers needed: I am willing to be a volunteer official/helper on 4th March and/or the 18th March for the VMA Multi Championships (tick boxes)